

The Herald

Trinity Episcopal Church







Unlike the church sign shown on this page indicating a lull in church activity... life is busy at Trinity as we swing into Lent. There is so much happening, we've added extra pages to this issue just to share the news.

We have been invited to participate in a variety of roles at the Cathedral of St Luke for the Great Vigil. You have been asked to sign up to help tell the story of the Passion. There are classes and meetings, and helping others. All this information is included in this issue. Peter has also outlined in detail what happens in Holy Week at Trinity.

Please take a few moments and be aware of all that is coming in the month of March!



A Church Sign





· Clergy & VESTRY ·

The Reverend J. Peter Swarr,
Rector
The Rev. Larry Estey,
Priest Associate
The Rev. Heather Sylvester,
Deacon
The Rev. Dr. Roy Partridge,
Assisting Priest

Tim Dunn, Senior Warden Bill Gordan , Junior Warden Donna Downing, Clerk Bill Spear, Treasurer

Class of 2025 – Polly Sewall,
Pam Cleghorn & Russ Dumond
Class of 2026–Abby More &
Margo Slining
Class of 2026* (May be reelected)—
Katharine O'Neill & Cindy McLellan

VESTRY MEETINGS

Are open to congregation 3rd Tuesday at 7 PM-Ogden Room.

NEWSLETTER

The Herald

is published eleven times a year, on or near the 20th of each month. [July/August issues are combined.]

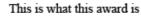
DEADLINE for all copy is on the 11th of the month.

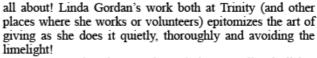
Please email copy to the EDITOR:

Dibbie Appleton dib@maine.rr.com

Ruth Barnard Award Goes to Linda Gordan!

"It is giving back that is important to me," wrote this year's Ruth Barnard Award winner. "I have many blessings to be thankful for in my life so helping others fills me with joy.





In presenting the award to Linda, Peter listed all her gifts of time and talent, from co-chair of Fellowship, to the



Altar Guild, tending Trinity gardens to her work at Project FEED. She has managed an office at Goodyear, and volunteered at the Ronald McDonald House. She transports all our donations for Project FEED when she goes to volunteer at the food bank.

Linda grew up in Falmouth, the youngest of seven children. She credits Roger Dunn with getting her into Fellowship and Edith McCormick for getting her involved in the Altar Guild.

When she and Bill (our esteemed Jr. Warden) were married here at Trinity

by David Holroyd 23 years ago, each had two daughters. Between them, they now have seven grandchildren. We've all met Xavier who won a Teen Award here several years ago for all his help with the remodeling of the Ogden Room!

Linda loves gardening and reading and you frequently see one of her artistic arrangements on the Sunday altar — not to mention what she has done with the garden outside the office window.

This award could not have gone to a more deserving Trinitarian. Congratulations, Linda Gordan!

This ponderings is brief because Holy Week never is brief...it is full. It is full of the highs and lows of human life. Full of love and despair, of deep and abiding friendship and betrayal. Full of life and death. Holy Week seems to encapsulate nearly every emotion imaginable. That's part



of the reason the early church didn't really think of Maundy Thursday, Good Friday and Holy Saturday with the nighttime Great Vigil of Easter as distinct days as it were... they instead called these days *the Triduum...the Great Three Days*. A unit of time that all blend together and feed together into a unity of being which tells one great story of God, of humanity, of hope and salvation.

If you think about it, there is some truth to what the early Christians were saying...in these days you have a last meal, you have expressions of deep love, of asking people to love each other, of keeping watch, of failure, betrayal, suffering, death, grief, fear, confusion, glimmers of hope, and resurrection joy...all united in this three day period. Remove one day and the story disintegrates. You need all three for the story to be complete.

And so, beloved people of Trinity, I invite you to come and experience the fullness of these Great Three Days. Come and experience the last supper, the foot washing, the vigil. Come and walk with Jesus in the streets (of Portland), come and look at the Cross that shows the extent of God's love and grace. Come and glimpse hope and let Easter be kindled within you. Let the Great Three Days work their way into your soul. May this journey be rich and transformative for you and may you find hope and joy.

Every blessing,

Peter †

Vestry Retreat — Held on February 10



On Saturday, February 10, the Trinity Vestry met at St. Mary the Virgin Episcopal Church in Falmouth for its annual retreat from 9 a.m. until 1 p.m. Vestry members began their time in good Trinity fashion with breakfast. Then we gathered in prayer asking for God's guidance on our time and work together.

Together, we signed our Vestry Covenant— a collection of promises we make to God, to each other, and to the parish. This Covenant helps guide how we work and live together as members of the Vestry. If you would like to see the Covenant, it is located in the

Ogden Room with all of our signatures on it.

Then we spent a substantial period of time getting to know each other through a timeline activity which helped us share significant life events and helped us get a sense of how God had brought us through our lives to the point where we are all serving on Vestry together at this time and place.

Following the timeline activity we moved to a deep dive into a substantial list of deferred maintenance projects which have been compiled by Bill Gordan, Polly Sewall and other members of the church. We all put our top three most urgent and important projects on newsprint and explained why we selected those items. Finally, we voted, using sticky dots on our top projects.

It became clear that the most urgent projects facing Trinity are: 1. Replacing the entire roof (which is leaking in multiple locations and, in some areas, is 60 years old)! This project has received multiple bids and will cost roughly 100,000 dollars. 2. Another very important project is dealing with rotting sills under the stained glass windows in the nave, and fascia board around Lincoln Hall. We do not currently have bids for this project but have contacted a company which specializes in church repair. Further discussion ensued about how to confront the costs and needs associated with the many projects that Trinity is facing as well as the creation of a team to work on facing these challenges.

Finally, over lunch, the Vestry entered into a conversation about Outreach. What we do, how we currently fund it, and how we should communicate about outreach and fund it in the future. This was not a decision making conversation, but rather intended to raise the issue and get us on the same page.

We ended on time, but with a sense that there was MUCH more to be done in our ministry as members of the Vestry.

We are deeply thankful to St. Mary's for permitting us to use their wonderful facilities for our retreat.



Wednesday, March 27 1 p.m. in the Ogden Room



"The Huntress by Kate Quinn is an action-packed novel about finding one's inner courage. Packed with unexpected twists and turns, this one is well worth your time."

REMINDER: February's Book Club meets in the Ogden Room on March 28 at 1 p.m.

Trinity's Labyrinth



Trinity's labyrinth will be open for a public walk on 3/24/24, Palm Sunday, from 1-4 p.m. Please join us for this contemplative time as we begin Holy Week.

Labyrinth / 2024

March 24, 2024 1:30-4 April 21, 2024 walk will be an outdoor walk at Robin's home labyrinth for Earth Day.



Holy Week at Trinity

□ Palm Sunday 3/24: On Sunday, March 24, we will gather in Lincoln Hall for the liturgy of the Palms. We will remember Jesus' triumphal entry into Jerusalem, and then, weather permitting (it is March after all) we will walk from Lincoln Hall outside onto the sidewalk of Forest Ave singing and waving our Palms and enter Trinity via the front steps. Suddenly the service will shift and we will jump from triumph to judgement as Jesus is arrested, condemned, and killed on the Cross.

Reading of the Passion: As part of this service, parishioners are invited to sign up to help read the passion (the story of Jesus' arrest, trial and crucifixion). A sign-up sheet for the passion reading will be posted for both the 8 a.m. and 10 a.m. services on the Bulletin Board.

- ☐ Holy Monday 3/25: A noon day prayer service will be held in person and online to mark this day of Holy Week.
- ☐ Holy Tuesday 3/26: A noon day prayer service will be held in person and online to mark this day of Holy Week.
- ☐ Holy Wednesday 3/27: A noon Eucharist will be held in the Church. This service will NOT be live-streamed.

☐ Maundy Thursday 3/28 :

Maundy Thursday Service with Washing Liturgy, Holy Communion, and Stripping of the Altar — 7 pm

This powerful evening service invites us in to Jesus' last meal with his friends wherein Jesus demonstrates what true discipleship looks like: services and love. And Jesus gives us a new commandment, that we love one another, as he has loved us.

As part of this service we are invited to take part in the ritual action of washing either our feet or our hands as we seek to follow Jesus command. Then, after receiving communion, members of the Altar Guild, along with the Clergy, strip the church bare, transforming it into a tomb...ready to receive the lifeless body of Jesus on Good Friday, and together, we process into the chapel, singing the haunting words "stay with me, remain here with me, watch and pray..." and we are invited to keep watch with Jesus just as the Disciples were asked to keep watch with him throughout the night in the Garden of Gethsemane so many years ago...

Overnight VIGIL — See page 7.

Overnight Vigil in the Chapel 8:30 p.m.-7:00 a.m.

Members of Trinity are invited to sign up to take part in whatever portion of an overnight vigil they feel called to take part in. Together, as a community, we will see to keep watch with Jesus, just as the Disciples sought to keep watch. A sign up sheet is located outside of Lincoln Hall on the Bulletin Board.

Good Friday 3/29:

Morning Prayer 7:00 a.m. The vigil ends with Morning Prayer being said in the chapel.

Stations in the Streets 12 - Noon:

Deacon Heather and Peter invite members of Trinity and others from throughout the Portland Community to reflect on how we continue to see the passion and love of Christ played out in our community even today. We will walk the Stations of the Cross, but instead of staying inside the church and using traditional art, we will travel to parts of our community where Jesus' road of sorrow continues to be lived out to this day. Come and walk through our community in this powerful and moving Stations of the Cross which will involve about 2 miles of walking and an hour of your time. In case of rain or snow, we will use the Trinity Nave and we will project images of the community

locations we would have walked to.

Stations of the Cross 6:00 pm A traditional service of Stations of the Cross in the Nave of Trinity Church.

Good Friday Liturgy with Adoration of the Cross, Solemn Collects and Communion from the Reserve Sacrament 7:00pm We gather in the evening for hymns, solemn prayer, the opportunity to adore the Cross, and to receive communion from the reserved Sacrament. On this most Holy night come and gather to reflect on the radical extent of the love of God.

Holy Saturday 3/30:

The Great Vigil of Easter will be held at St. Luke's Cathedral at 7:00 p.m. with a gathering of Episcopalians from throughout the Portland area. Peter will be participating and members of Trinity are encouraged to participate in this moving and special service.

Easter Sunday 3/31:

We gather with joy and hope on Easter Sunday at both 8 a.m. and 10 a.m. to celebrate the Resurrection of Jesus Christ. This is the capstone of the 40 days of Lent, and the great culmination of all that has come before in Holy Week. On this day, come and sing, come and hope, come and rejoice; for Christ is Risen!

Faithful Living and Faithful Dying:

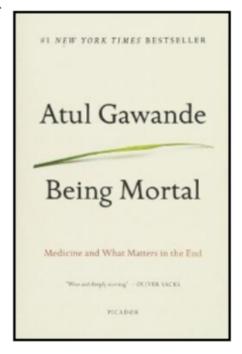
A Lenten Program Inviting Us to Talk about Mortality and Make Faithful Choices

Monday Evenings in Lent from 6:00 - 7:00 p.m.

Beginning on February 26, members of Trinity and other interested individuals are invited to gather to discuss the first six chapters of Dr. Atul Gawande's moving and important book, *Being Mortal*. This book takes a clear-eyed look at what medicine and our retirement and senior living system does well, and where it fails.

On March 4 we will wrap up our book discussion of Being Mortal with the final two chapters and the epilogue. Together we will reflect on some of our personal learnings and thoughts which come from this book.

As a result of this learning, on March 11, we will discuss funeral planning and walk through a basic planning sheet for funerals. Peter will offer basic thoughts and structures that are used when it comes to church funerals and



share insights and ideas when it comes to interacting with funeral homes.

Finally, on March 18, we will welcome two special guests: The Reverend Dr. Suzanne Roberts from St. Luke's Cathedral and the Reverend Tom Mousin from St. Peter's Episcopal Church. Dr. Roberts, who is a medical doctor, will talk about Advanced Medical Directives and Fr. Mousin, who works as a chaplain with Hospice, will talk about Death with Dignity and Hospice.

Please sign up by contacting the parish office or using the sign-up sheet on the bulletin board outside of Lincoln Hall.

Be a part of The Great Vigil at St. Luke's!

The Great Vigil at St Luke's happens on March 30 at 7 p.m. Clergy from all over the diocese have been invited to participate in this solemn and final part of Lent.

Trinity Parishioners have been invited also!

The Interim Dean of the Cathedral, George Stevens, has contacted Trinity to invite us to be a part of the Vigil as follows:

"There are lots of roles to play [ushers, acolytes, thurifer, readers, etc.] and we'd love to have representation in leadership from parishes that will be joining us."

Please let Peter know you would like to take part on Saturday, March 30. Let trinity be well represented at the Cathedral in The Great Vigil. Peter will be there; we should be there as well!

Repeating an Invitation!

Peter has introduced you to all that will be happening during Holy Week. Some things are worth repeating! I'd like to encourage you to join us in a Good Friday WALK!

We invite you to join us as we walk the Stations of the Cross through our Forest Ave. community. We will begin and end in the sanctuary of Trinity Episcopal Church. Our walk will take us out onto Forest Ave and neighboring streets where we will stop at different establishments to focus on Christ's passion in our midst.

We look forward to having you join us on **Good Friday**, **March 29** at 12:00 p.m. The walk is about 2 miles in length and will take us about an hour to complete.

If the weather proves to make walking too difficult (i.e. rain or snow) we will instead move throughout Trinity's sanctuary and have a visual representation of the places we would have visited.

The Rev. Deacon Heather Sylvester

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Partnering with Greater Portland Family Promise

We continue to partner with Greater Portland Family Promise (GPFP) in their wonderful work of managing cases for new Mainers and finding them homes

We began in February to collect donations of quarters for laundry, Hannaford cards for groceries, and any monetary donation with which you feel led. This continues through the month of March

Additionally, as GPFP finds homes for new Mainers who are often refugees and/or Asylum seekers, they have asked that we donate items toward various "move in kits."

These kits include: Kitchen kit: 1 bottle dish soap, 1 dish brush, 1 container liquid hand soap, 2 dish sponges, 2 scrubbing sponges, 1 dish rack with tray, 1 box of sandwich bags and a Laundry kit: 1 laundry basket, 1 jug laundry detergent, 20 plastic clothing hangers. There also are an Essentials kit, a bathroom kit, medicine kit, and a cleaning kit.

More kit examples will be available on Sun. Feb. 18 to be viewed in the front and back of the church as well as Lincoln Hall.



People are encouraged to bring in any portion of any kit to the laundry baskets by said displays.

A list of kits is located on the bulletin board outside Lincoln Hall. We will collect through the month of March. At the end we will assemble kits and deliver to Greater Portland Family Promise.

Gift cards, money and coins can be placed in the parish office. Please note that it is for GPFP.

Family Promise and those they serve express deep gratitude for anything you are able to give. Any questions, please contact the Reverend Deacon heather Sylvester.

Staffing a Homeless Shelter — April 7- April 13

As many of you may know, there is a shortage of shelter for families. This is one reason why our ministry together is so vital right now!

After some challenging setbacks and <u>tireless work</u> by State Street Church and the Reverend Bryan Breault, the State Street Shelter will open on March 17!

Trinity Episcopal has committed to providing volunteers for the space in the evening and overnight from Sun. April 7 - Sat. Apr. 13. We are partnering with various churches in the Greater Portland Area to make sure this Shelter remains available.

Three volunteers are needed each night. One for the welcoming shift 6:00 - 8:30 and Two people for the overnight shift 8:30 p.m. to 7:30 a.m.

A manual of info and sign up sheet will be available soon. Please plan ahead, take a look at your calendar, and contact Heather Sylvester. Thank you to those who have all ready signed up.

Thank you for helping us "welcome the stranger."

-- The Reverend Deacon Heather Sylvester

March 2024

Sunday	Monday	Tuesday	Wednesday
25 8 AM Service in church 10 AM Service in person and livestreamed 9:45am -10:45am Sunday School in Ogden Rm. 11:00am Bell Ringers Rehearsal 5:00pm -8:00pm Renaissance Voices in Sanctuary	26 9:00am -12:00pm Monday Morning Crew 12:00pm Noonday Prayer Service 6:00pm -7:00pm Adult Education / Ogden Rm. 7:00pm -8:00pm AA in Lincoln Hall	27 12:00pm Noonday Prayer Service 5:00pm –8:00pm PCO in Sanctuary	28 10:00am -11:00am Park Danforth 1:00pm -3:00pm Book Club in Ogden Rm.
3 8 AM Service in church 10 AM Service in person and livestreamed 11:30am Sacred Ground in Ogden Rm. 5:00pm -8:00pm Renaissance Voices in Sanctuary	4 9:00am -12:00pm Monday Morning Crew 6:00pm -7:00pm Adult Education / Ogden Rm. 7:00pm -8:00pm AA in Lincoln Hall	5 5:00pm –8:00pm PCO in Sanctuary	6
10 8 AM Service in church 10 AM Service in person and livestreamed Daylight-Saving Time Begins 11:00am Bell Ringers Rehearsal 11:00am Outreach Meeting / Ogden Rm. 3:00pm –7:00pm Portland Ukulele Social Club in LH 5:00pm –8:00pm Renaissance Voices in Sanctuary	11 HERALD DEADLINE 9:00am -12:00pm Monday Morning Crew 6:00pm -7:00pm Adult Education / Ogden Rm. 7:00pm -8:00pm AA in Lincoin Hall	12 5:00pm –8:00pm PCO in Sanctuary 7:00pm Exec. Mtg.	13 1:00pm -5:00pm Laundry Love
17 Altar Guild MTG 9:10 -9:45 a.m. 8 AM Service in church 10 AM Service in person and livestreamed Trinity Service Corps. 11:00am Yard Sale Planning Mtg. In Ogden Rm. 5:00pm -8:00pm Renaissance Voices in Sanctuary	18 9:00am -12:00pm Monday Morning Crew 6:00pm -7:00pm Adult Education / Ogden Rm. 7:00pm -8:00pm AA in Linceln Hall	19 First Day of Spring 12:00pm -4:00pm Lift Group 5:00pm -8:00pm PCO in Sanctuary 7:00pm Vestry Mtg.	20 10:00am –11:00am Park Danforth
24 8 AM Service in church 10 AM Service in person and livestreamed PALM SUNDAY 9:45am -10:45am Sunday School in Ogden Rm. 1:30pm -4:00pm Labyrinth in Lincoln Hall 5:00pm -8:00pm Renaissance Voices in Sanctuary	25 Holy Monday: noonday prayer service 9:00am -12:00pm Monday Morning Crew 7:00pm -8:00pm AA in Lincoln Hall	26 Holy Tuesday: Noon day prayer service 5:00pm -8:00pm PCO in Sanctuary	27 12:00pm Noon Eucharist in Church 1:00pm Book Gub in Ogden Rm.
31 8 AM Service in church 10 AM Service in person and livestreamed EASTER SUNDAY 5:00pm -8:00pm Renaissance Voices in Sanctuary	1 9:00am –1.2:00pm Monday Morning Crew 7:00pm –8:00pm AA in Lincoln Hall	2 5:00pm –8:00pm PCO In Sanctuary	3

Wednesday	Thursday	Friday	Saturday
28 10:00am -11:00am Park Danforth 1:00pm -3:00pm Book Club in Ogden Rm.	29 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal	1 World Day of Prayer 12:30pm -4:00pm Mary Frances in Sanctuary 7:00pm -8:00pm AA in Ogden Rm.	2 12:30pm -4:00pm Mary Frances in Sanctuary
6	7 12:00pm Noonday Prayer Service 6:45pm -8:15pm Choir Rehearsal	8 12:30pm -4:00pm Mary Frances in Sanctuary 7:00pm -8:00pm AA in Ogden Rm.	9 12:30pm –4:00pm Mary Frances in Sanctuary 7:30pm PCO Concert at Trinity in Sanctuary
13 1:00pm –5:00pm Laundry Love	14 12:00pm Noonday Prayer Service 6:45pm –8:15pm Choir Rehearsal	15 12:30pm -4:00pm Mary Frances in Sanctuary 7:00pm -8:00pm AA in Ogden Rm.	16 12:30pm -4:00pm Mary Frances in Sanctuary
20 10:00am -11:00am Park Danforth	21 6:45pm -8:15pm Choir Rehearsal	2.2 12:30pm –4:00pm Mary Frances in Sanctuary 7:00pm –8:00pm AA in Ogden Rm.	23 . 12:30pm –4:00pm Mary Frances in Sanctuary
27 12:00pm Noon Eucharist in Church 1:00pm Book Gub in Ogden Rm.	28 Overnight Vigil in Chapel 8:30 pm - 7 am 7:00pm MAUNDY THURSDAY Service	29 Stations in the Street @ Noon 7:00am Good Friday: Morning Prayer in Chapel 6:00pm Stations of the Cross in Sanctuary 7:00pm -8:00pm AA in Ogden Rm. 7:00pm Good Friday liturgy w/ Eucharist	30 12:30pm –4:00pm Mary Frances in Sanctuary 7:00pm Easter Vigil at St. Luke's
3	4 6:45pm -8:15pm Choir Rehearsal	5 12:30pm –4:00pm Mary Frances in Sanctuary 7:00pm –8:00pm AA in Ogden Rm.	6 12:30pm –4:00pm Mary Frances in Sanctuary

An Update on Maama Victoria's Orphanage in Uganda

We are very pleased to report to you the progress your generous donations have made to Maama Victoria's orphanage in Uganda. Since last June we have donated \$5,940. It costs \$150 a term (3 terms in a year) to provide a child with food, schooling, housing and the basic needs. We have provided this for 9 of the approximately 150 children there

Additionally, we gave money for protective fencing after half of their solar panels were stolen. Again we sent money to improve the "kitchen" in which the children's food is prepared.

The improvements included a concrete floor rather than a dirt floor. For Christmas we sent 600 dollars so that each child received a small Christmas gift for the first time as well as a special meal. The orphanage has had little extra for gifts

Currently, we are gathering funds for the winter term. (\$150 per term). Ongoing needs include hiring a head teacher/principal (\$200/month) and another dormitory to ease overcrowding (\$10,000).



It is a joy to be able to offer some support to this beautiful community.

Already nearly 3,000 dollars has been collected to be transferred in the very near future.

If you wish to donate you may make a check out to Trinity Episcopal Church and write Uganda School in the Memo Line. To learn more visit www.trinitychurchportland.org/uganda-school or speak with Steve Young, Angela Swarr, Lucy Swarr, Eli Swarr, or Peter Swarr

— Steve Young

Coming on JUNE 8!



Planning Session: March 17

It may seem hard to believe looking out the window in the middle of February, but spring is not really that far away, and that means it's time to start thinking about Trinity's legendary Yard Sale! In keeping with the tradition of holding the sale on the second Saturday in June, the sale will be held on Saturday, June 8.

Having been passed the Yard Sale 'Chairperson-ship' baton by Doug Crosby, esteemed and long serving 'Yard Sale Czar and Petty Tyrant,' I don't want to fumble the hand-off. So, in an effort to organize a smooth running and successful sale, we will be holding a Yard Sale planning session on Sunday, March 17 after the 10:00 service in the Ogden Room. I would like to say that in honor of St Patrick's Day we be lubricating the creative juices with Guinness, but that will not be the case. However, there will be time to get a cup of coffee before we get going.

As the new kid on the block I will need all the help I can get. So, come one, come all with thoughts, ideas, suggestions, and a desire to help with this year's Yard Sale.

Since Doug is now Chairperson Emeritus it would be totally inappropriate for me to expropriate his title. Thus I will sign off as,

> Bill Spear, Yard Sale Don e Piccolo Tirano



Pancake Race-Shrove Tuesday

Introducing Jonathan Radtke

Our rector Peter Swarr has been asked by the Commission on Ministry to oversee the placement of a new seminarian at Trinity for the next year.

Here is Jonathan to introduce himself!

I was born in Boston and raised in the towns of Melrose, where my father was the Rector of Trinity Episcopal Church, and later Charlestown. My family has had an old farmhouse in Norway, Maine so I spent my summers attending Christ Church Norway. I came to Maine full time to attend Colby College where I majored in Religion and have called Maine my home ever since. During my time at Colby I had the opportunity to spend a year reading Systematic Theology, Moral Philosophy, and European History at the University of Edinburgh.

I started my teaching career as a History Teacher at Oxford Hills High School where I also met my wife, Lynne Rowe, when she joined the faculty as a Spanish Teacher. We relocated to Boston while I attended graduate school at Harvard, got married, spent a year teaching in Mexico, and then settled back in Portland in 1996 and have been here ever since. We have two grown daughters, Naomi (24) and Louisa (22).

My education career has included time at Gorham High School, serving on the Portland School Committee; teaching



High School; and now I serve as the Principal of Lewiston High School. I deeply enjoy working with young people and their families. To bear witness to young folks in the act of becoming adults is a gift.

I have also had the opportunity to work on the water. I hold a 100 Ton Near Coastal captain's license and both cofounded the first Sea Tow franchise in Maine and was part of the first Duck

See Jonathan - page 17 →

JONATHAN Continued from page 12

Boat tour startup here in Portland. My most recent activities on the water have been based around my work on the board of Sailing Ships Maine taking students out to sea on traditionally rigged sailing vessels.

Since the early 2000s St Luke's Cathedral has been my spiritual home here in Maine. I have served as their director of formation, on their healing team, and as their Junior Warden. St Luke's also sponsored me for ordination. Currently I am wrapping up my studies at the School for Ministry which is part of the Episcopal Diocese of New Hampshire and associated with the Episcopal Seminary of the Southwest in Austin, Texas.

When people ask, 'when were you called,' my flip answer is as long as I can remember, I just stopped running from it four years ago. The non-flip answer is that I have always found great comfort in my faith and in sharing faith with others.

A constant in my spiritual life is my association with the Society of Saint John the Evangelist in Cambridge. Since my final year in high school they have served as my touchstone for all things spiritual.

After many years, I formally joined their fellowship last year. Additionally, I had the opportunity to join my brother and twin sister on a pilgrimage, through Episcopal Relief and Development, to the Holy Land. It was a remarkable journey and an opportunity for us as siblings to revisit a place, Jerusalem, where we lived for a semester while my father studied at St. George's College when we were children.

I am excited to join all of you at Trinity and see how we can grow in the "knowledge and love of God together."

> Peace, Jonathan



We remember with love Joan Newcomb and Charlotte Sullivan shown here on Altar Guild duty, splitting the palms in preparation for Palm Sunday

SUNDAY SCHOOL AT TRINITY

In March we will be offering Sunday School on Palm Sunday, March 24 where we will focus a little on Jesus' triumphal entry to Jerusalem. We will learn about the palm branches that we use on Palm Sunday and how they can help tell the story of Holy Week and why Holy Week is so important for Christians. We will also learn how to make Palm Crosses.

Similarly, we will have special craft activities for children on Easter Sunday led by our craft staff person, Rory Nickerson. Activities will be available before the 10 a.m. service and during Coffee Hour as well. People of ALL ages are invited to engage in this special Easter craft so be sure to check in with Rory and get a sense of what you might be able to create!

Peter sends text messages to parents, guardians and grandparents with reminders about our Sunday School activities. If you would like to be added to this text list, be sure to reach out to Peter.

Similarly, to learn more about Sunday School at Trinity, contact Peter at priest@trinitychurchportland.org



(Middle and High School Youth)

Middle and High Schoolers gathered on the 18th of February to support the ongoing work at St. Elizabeth's Essential's Pantry. They purchased \$1007 worth of dental hygiene items as well as deodorant and other items. They then headed to St. E's to pack these personal care items up and prepare them for distribution.

The next Service Corps event will be taking place on the Third Sunday of the month (March 17). For more information contact Peter Swarr



George
Tully-Young,
in a hotly
contested
'Best
Jambalaya
Taste Test,'
won the
crown with
his pot of
jambalaya!







Clynk bags are available in a basket on the desk in the church office. Take your filled green bag(s) to a Hannaford Clynk collection site and the funds earned by your recycling will be added to our Trinity account. We are grateful for your

Many thanks to Margo Slining who now manages our Clynk account!

help in this way.

The nickels add up and help our bottom line!

Thank you!





Sons of the Board president help hand out warm hats, scarves and gloves on a chilly Tuesday morning at St. Elizabeth's. As spring approaches, we turn from coats and hats and boots to replenishing our kitchen supplies (pots and pans and skillets) and linens. We can always use towels, sheet sets (marked for what size bed they fit, please!) and blankets and comforters.

Trinity and the Youth Corps just helped replenish dental supplies but we try to have a dental handout once a month, so toothpaste and brushes are always welcome. Please remember: NO clothing to St. E's.

Many thanks for your generosity and help.

Happening



MARCH 10

After Church in the Ogden Room



March 13 1-5 p.m





Project FEED is a food pantry located in Woodfords Congregational Church in Portland. Hundreds of needy people in the area receive emergency food annually.

Volunteers are needed to run the pantry which is open 1:00-3:00 p.m., Tuesdays, Wednesdays, Thursdays, except holidays and school storm closings.

Call or email Delene Perley for more information: at 310-8721 or deleneperley@gmail.com.

Project FEED could use your help! Here is a list of items we can always use: sugar, flour, tea bags (not flavored) cooking oil, cereal and pasta or rice. These items CANNED: milk, beans, fruit, pasta, tuna, chili, beef stew, corn beef hash and veggies. The only beverages we offer would be frozen OJ, and Qt. bottled juice (cranberry, grape, etc.) There is a Project FEED basket in the back foyer. Thanks for your help!

Our thanks to Linda Gordan, a Project FEED volunteer, who gets Trinity's donations to Project FEED.



HOSTS NEEDED!

Please look at the signup list in Lincoln Hall and see if there is a Sunday when you could be a host for coffee hour! Never been a host? It's easy and we'd love to show you the ropes!

Donna Downing & Linda Gordan

LENTEN TRIVIA QUIZ

- What does the term 'Lent,' which comes from 'lencten,' mean? sacrifice, time, or spring?
- What word is never said or sung in Lent?
- 3) What is Triduum?
- 4) How many Stations of the Cross are there?
- What food was traditionally eaten the day before Lent begins?
- 6) How many times does Jesus fall in the Stations?
- 7) Who helped Jesus carry the cross?



MARCH

- Henry More
- Dibbie Appleton Brian Jackson
- 9 Ainsley Dunn
- 11 Kristen St. Peter
- 17 Rick Marino
- 19 Alison Green-Parsons 31 Ryan Dixon
- 20 Bryan Lewis

- 22 Emily Green Cashman
- 25 Nicole Dixon Lynne St. Peter
- 26 Linda Gordan
- 27 Mark Rogers Scott Atkinson

Did We Miss YOUR birthday?

Let the office know when it is, and next year our lists will be more complete!

TRIVIA ANSWERS

2) Simon of Cyrene S) Hot Cross Buns

3) Go pack and read peter's Ponderings! z) Alleluía

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MARCH 2024 Schedule

SUNDAY, March 3, 2024

8 a.m. Alice Moisen, layreader 10 a.m., Alice Moisen, layreader (PR) Lynne St. Peter, L. (LES & PSM) Ushers: Ida Connolly & Cathy Jackson

■ SUNDAY, March 10 Daylight Saving Time BEGINS

8 a.m. Dibbie Appleton, layreader 10 a.m. Kris Lemay, LR (PR) Bill Spear, L. (LES & PSM) Ushers: Bill and Karen Spear

■ SUNDAY, March 17

8 a.m. Mary Dumond 10 a.m. Tom Keating, LR (PR) Lynne Gammon, L. (LES & PSM) Ushers:: Tim Dunn & Sue Dunn

■ SUNDAY, March 24

8 a.m. Alice Moisen, LR (PR) 10 a.m. Tim Dunn, Layreader (PR) Russ Dumond, L (LES & PSM) Ushers: Susan & Russ Hicks

Wednesday, March 27 -NOON Eucharist - no layreader needed

Maundy Thursday- March 28

7 p.m. Dibbie Appleton, LR ++ Altar Guild help with stripping of altar

Good Friday March 29

7 a.m - Morning Prayer in Chapel 6 p.m. Stations of the Cross 7 p.m. - Tom Keating

Saturday, March 30 Vigil at St. Luke's 7 p.m.

Sunday, March 31 Easter

8 a.m. Dibbie Appleton, LR

10 a.m. Mary Dumond, LR Martha Resotko, L (Les & PSM)

Note: Three CBs will be

needed: Heather, Mary and Tim

Dunn as a walkup.

Ushers: Skip & Sarah Hoyt

KEY

L = lector
PR = prayers
Les = lesson
PSM = psalm
CB= chalice bearer



Welcome to Cindy McLellan (left) and Katharine O'Neill, new members on the Vestry. They become the second Class of 2026, as they were elected for a 2-year term rather than the former 3-year term, according to the newly revised Bylaws. Though they go off the vestry in 2026, they have the option to be re-elected for a second 2-year term if they so wish. The rest of the vestry is listed on page 2.



Service Corps Goes Shopping!

This month kids in the Service Corps shopped for St. Elizabeth's and purchased toothpaste, toothbrushes, deodorant, sanitary pads, adult diapers and shampoo, \$1,007's worth! Below, at St. E's, items are made up into kits.





TRINITY EPISCOPAL CHURCH

Return Service Requested Portland, Maine 04101 580 Forest Avenue

TRINITY EPISCOPAL CHURCH 580 Forest Avenue Portland ME 04101

Email: office@trinitychurchportland.org Website: www.trinitychurchportland.org OFFICE: 207-772-7421 Hours: 9:00AM - 2PM - M, T, W, and Th.

Services: 8:00 a.m. —The 10 a.m. service is streamed ONLINE on YouTube & Facebook -

The Reverend Dr. Roy Partridge, Assisting Priest The Rev. J. Peter Swarr, Rector Weekday NOON Prayers on M, T, and Th - streamed on YouTube/Facebook; The Rev. Larry Estey, Assisting Priest The Reverend Deacon Heather

Sylvester Dr. Mary Frances Fest, Minister of Music Paula Levier, Parish Administrator Rory Nickerson, Arts/Crafts Liaison for Sunday School





